



**WELEDA**

Since  1921

## Pregnancy & Baby Care

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Naturally protected, right from the start

# Trust Mother Nature

Our 100% certified natural pregnancy and baby care ranges are developed by experienced midwives and pharmacists, gently helping you prepare for the birth of your baby and beyond.



Our award-winning pregnancy care products are made from plant-based oils, which are easily absorbed by the skin. Our midwife recommended Calendula baby care range supports your baby with the kindest, natural, sustainably sourced ingredients suitable for your baby's delicate skin.





# Introducing our brand new expert Midwife Team

Working closely together with mother & daughter midwives Anna and Sheena Byrom to support, educate and care for both midwives and parents

## All4Maternity

Created by internationally renowned mother and daughter midwives, All4Maternity offers a unique and accessible learning platform to support, develop and nurture midwives, student midwives and maternity workers. Anna and Sheena have developed an online global community where all are welcome; their underpinning philosophy centres on compassion, kindness and respect. All resources are evidence-based and easy to access to enable responsive searching and innovative means of information sharing.

## All4Birth

All4birth is an online, freely available resource for sharing of information & resources related to childbirth and maternity care. Co-created by a global community of birth practitioners and women and families, All4Birth focuses on normal physiological childbirth related to preconception, pregnancy, parturition (birth) postnatal care and parenting.



## Recommended by midwives

The Weleda Baby Care range has been developed with the assistance of healthcare professionals and pharmacists and are dermatologically tested.

The support and endorsement of the midwifery community is so important to Weleda. That's why we've been working with our esteemed friends at All4Maternity to support their education programmes, publications and events.

Our Weleda Baby range is recommended and trusted by UK midwives.



# Weleda's midwife shares expert advice and tips for parents



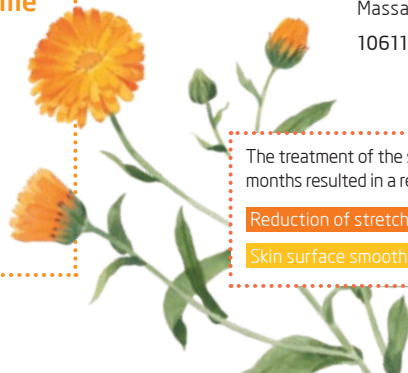
**Skin to Skin Contact.**  
Why touch and closeness are important for babies



**Strengthen your bond with your baby through massage.**  
Inspiring tips for mindful baby massage



**Bathtime bonding for babies and parents.**  
How to make a relaxing bathtime routine



## For bump, birth and beyond

Our certified natural ingredients work in harmony with the skin, making them ideal for you and your baby, both before and after you become a mum



### Stretch Mark Massage Oil

A soothing, softening combination of jojoba, sweet almond and wheat germ oils, this massage oil is full of vitamins A, D and E as well as essential fatty acids and warming, skin-relaxing arnica. Massaging into the skin daily will help keep the connective tissues elastic – our best defence against stretch marks. Regular use visibly helps to correct the appearance of stretch marks on your pregnant belly, your thighs, bottom and breasts, and also helps prevent new ones. Easily absorbed, and with a delicate, light fragrance, Stretch Mark Massage Oil is a pleasure to apply.

106119 100ml Ve



*"I just wanted to say thanks. I have always been a fan of your products. I am 34 weeks pregnant and have been using your Stretch Mark Oil, it smells amazing, is so relaxing and I don't have a single stretch mark! I have recently bought the Perineum Massage Oil and looking forward to trying that. I have had a difficult pregnancy but your products are making it more enjoyable"*

Claire Fleming, Wales  
Weleda Customer

The treatment of the skin with Stretch Mark Oil over a period of six months resulted in a reduction of existing stretch marks:

Reduction of stretch mark area - 33% after six months

Skin surface smoothness + 92% improvement after six months



### Perineum Massage Oil

Weleda Perineum Massage Oil is a specially developed oil to assist in preparing for childbirth. Massaging the perineum with a composition of sweet almond oil and wheat germ oil helps relax the cellular matrix and increases elasticity which may help prevent tearing during childbirth. Dermatologically tested and with no synthetic colourings, preservatives and fragrances, or mineral oil based raw materials.

606161 50ml Ve



### Nipple Balm

Developed with midwives and pharmacists, this fragrance free nipple balm provides care and protection for sore nipples, cracked skin and chafing. Suitable for frequent use and safe for both mum and baby. Nipple Balm contains organic calendula extract and does not need to be removed before breastfeeding.

205027 25g V



## Baby Skin Care



### Calendula Nappy Change Cream

A deeply nourishing, protective barrier cream which cares for the delicate skin of the nappy area. Extracts of biodynamic calendula and organic chamomile soothe irritation and comfort the skin.

105009 75ml V  
104510 30ml V



### Calendula Cream Bath

Your baby's delicate skin gets the gentlest bathing treatment with our soothing cream bath. It's a calming addition to bath time that nurtures your baby's sensitive skin and ensures that essential moisture is protected.

105004 200ml Ve



### Calendula Lotion

This light, nourishing body lotion provides long-lasting protection from environmental drying influences. Particularly good for use after bathing, or to gently cleanse sensitive skin. Its milky consistency absorbs quickly, leaving your little one glowing and happy with soft, moisturised skin.

105005 200ml V



### Calendula Oil (unfragranced)

Give your baby long-lasting protection with this nourishing body oil. Suitable for daily care, it is an excellent product for baby massage and for cleansing the nappy area and can also be used to treat dry scalp or cradle cap.

105100 200ml Ve





## Baby Skin Care



### Calendula Moisturising Body Cream

A soothing and nourishing cream to protect dry or sensitive skin, allowing it to breathe freely.

105008 75ml V



### Calendula Face Cream

This light cream provides soothing protection for your baby's delicate skin. It supports the natural functions of the skin to moisturise and protect against dryness.

105002 50ml V



### Calendula Bath

This oil free formulation ensures bath time with your newborn is not a slippery experience. A soothing bedtime bath for extra-delicate skin, this soothing bath product is also ideal for calming fractious babies. Calendula and thyme extracts combined with blackthorn juice give this unique bath its amazing calming properties and natural tawny colour.

105003 200ml Ve



### Calendula Soap

The gentlest of cleansing with soothing calendula in this top quality organic soap. It's a lightly fragrant, moisture-balancing bar that's perfect for your baby's sensitive skin.

105010 100g Ve



### Calendula Weather Protection Cream

Intensive protection against drying winds or cold, wet weather, this soothing, moisturising protective cream is perfect for babies as well as the rest of the family. Can also be used to protect the lips.

105007 30ml V



## Baby Skin Care



### Organic Baby Essentials

Our 100% certified natural products contain precious extracts of hand-picked organic calendula to soothe and protect delicate skin, and are free from synthetic preservatives, fragrances, colourants or artificial additives of any kind. Weleda Baby skincare products care naturally for your little one, right from the very beginning.

105804 V

Contains: 30ml Calendula Nappy Change Cream, 50ml Calendula Shampoo & Body Wash.

*"I just wanted to say that I discovered your nappy cream recently and it has transformed the well-being of one my twins who has food intolerances and used to have a constant sore bottom. I only need to apply it once a day and he is doing fantastic now! I am telling everyone having babies that it's the only nappy cream to buy!"*

Rachael, South Wales  
Weleda Customer



## Kids' Body Washes



### Calendula Shampoo and Body Wash

Your baby's delicate hair and skin gets the perfect balance of cleansing, moisture and the kindest care in our softly lathering shampoo and body wash. It's a gentle wash that retains the natural oils in the skin and hair, leaving your baby feeling silky smooth and protected from dryness.

105001

200ml Ve



### Kids 2in1 Shampoo & Body Washes

Mild and gentle cleansing for delicate skin and hair – especially developed with kids, for kids. No synthetics, just sweet, creamy bathtime fun with a soft, sweet fragrance.

#### Mighty Mint

A mellow minty freshness of aromatic spearmint with notes of lavender, encouraging focus in the morning with a busy day ahead, or calm at the end of an action-packed day.

104564 150ml Ve

#### Lively Lime

The zesty citrus scent of essential oils of lime and lemon creates an upbeat, energetic mood that's refreshingly cheeky and bursting with positivity.

104560 150ml Ve

#### Happy Orange

Tangy essential oil of orange is blended with just a touch of vanilla to create a feel-good, sweet fruitiness that's full of light and happiness.

104561 150ml Ve



## Baby Skin Care

Made with ingredients traditionally used for treating childhood eczema, including wild pansy extract, white mallow and coconut oil.



### White Mallow Body Lotion

The precious extracts of organic white mallow and wild pansy soothe skin prone to irritation. The organic coconut oil and organic sesame oil provide intensive care moisturising, cooling and soothing. Also suitable for sensitive adult skin.

105803

200ml V



### White Mallow Face Cream

With carefully selected natural ingredients, this soothing face cream provides moisture and relieves itching. The precious extracts of organic white mallow and wild pansy soothe skin prone to irritation. Organic coconut oil and organic sesame oil provide intensive care. Also suitable for sensitive adult skin.

105802

50ml V



### White Mallow Nappy Change Cream

With its carefully selected formulation of beneficial ingredients, this protective cream promotes the development of healthy skin in the nappy area. Precious organic white mallow extract soothes hypersensitive skin. Organic coconut oil and organic sesame oil support the skin's natural functions. Zinc oxide protects against dampness and helps prevent soreness in the nappy area.

105801

50ml V



Accredited by the  
National Eczema  
Association

With extracts of organic white mallow, pansy, organic coconut oil, borage seed oil, organic cocoa butter and sesame oil, Weleda's white mallow fragrance-free products soothe and provide intensive care for skin prone to irritation.



## Baby Health

**Weleda Baby Health Care** products are natural remedies created to ease the common problems which occur with many babies and small children. From granules for teething and colic, a nasal spray to clear blocked noses and a tummy oil to help ease digestive discomfort, you can rest assured Weleda has your little one covered.



### Chamomile Teething Granules

For the relief of teething pain and other minor symptoms associated with teething in babies and children. Suitable from 3 months onwards.

207002    15g    Ve



### Rhinodoron Nasal Spray with Aloe Vera

Moisturises, cleans and cares for dry nasal passages. Suitable for babies from the age of 3 months.

206036    20ml    Ve



## Natural Medicines Made by Hand

At Weleda, we are famous for our ethically sourced, organic natural care products but what isn't so well known is the fact we are actually a pharmaceutical company and today we globally manufacture millions of doses of natural remedies every year from our five approved facilities. We supply health care professionals and hospitals throughout the world with a wide range of traditional-herbal, homeopathic and Anthroposophical remedies, made with the highest quality ingredients and processes you would expect of Weleda. One of these sites is based here in Derbyshire, England where we create fresh plant, mother tinctures

from our 13-acre biodynamic gardens, to use in our MHRA (Medicines and Healthcare products Regulatory Agency) approved facility – creating medicines which help maintain that important sense of balance and encourage the healing process.

We have many remedies, made under medical licenses to pharmaceutical standards, so you can be assured they are safe and effective. Our medicines are designed to work in harmony with the body, delivering effective remedies for a wide range of conditions from chronic to acute. For further details please go to [www.weleda.co.uk](http://www.weleda.co.uk)



# WELEDA

Since  1921



Weleda contributes to a world in which people and biodiversity thrive.  
[www.uebt.org](http://www.uebt.org)

[www.weleda.co.uk](http://www.weleda.co.uk)



Weleda and Weleda Baby



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